

Birmingham  
Contemporary  
Music Group



*Welcome to BCMG's workshops  
for young people*

INCLUSION PACK





# Welcome to our workshops!

Here at BCMG we pride ourselves on the quality of our workshops. Everyone is welcome to participate, and we strive to be as inclusive and accessible as we can.

In this welcome pack, you will find some useful information about what to expect on a workshop day, who you will meet and how to access the building and workshop spaces.

If you find that we are missing some important information, please get in touch and let us know via email at [learning@bcmg.org.uk](mailto:learning@bcmg.org.uk).

If we feel unable to meet your needs or not best placed to do so we will signpost you to other fantastic music-making opportunities offered by similar organisations.

For an audio version of this welcome pack [CLICK HERE](#)

For a short video showing you around CBSO Centre [CLICK HERE](#)

## In this Pack:

1. Before the workshop
2. At the CBSO Centre
3. Who is who?
4. What to expect
5. Other music organisations

# 1. Before the Workshop

You will need to book a place to attend your chosen workshop. This can be done via our website: [Click here to visit our website](#)

This is an important step prior to attending the event. This gives you the opportunity to share information that will help us to support the young person at the workshop.

You may feel happy to put notes into the booking form explaining any additional needs you or the attendee might have, or if you'd like to provide us with further information on how we can offer the most suitable support, please email us at [learning@bcmg.org.uk](mailto:learning@bcmg.org.uk) with details.

You may already have some sort of personal information pack readily available, but if you don't, here are some of the things you might like to share with us:

- Individual's specific needs
- Any medication that may be required
- How to assist: existing support strategies
- Equipment: supporting devices, software
- Enhanced communication: Makaton, PECs

All information you share with us is securely and confidentially stored. We use the information you give us to:

- Confidentially inform our workshop leaders and musicians
- Help us effectively tailor our workshop plan
- Prepare useful resources
- Make a decision as to whether to offer some one-to-one support

## 2. At the CBSO Centre

Unless specified on our website, most of our workshops take place at the CBSO Centre on Berkley Street, B1 2LF. All workshop spaces have step-free access. Below we have created a storyboard showing you how to access the CBSO Centre.



This is the entrance to CBSO Centre. Walk through the access doors to enter. If not already open, push the silver button on the right. NB these doors open outwards.



Here is the front desk. To the left of the front desk is the entrance to the hall. You sign in at the desk. At the far end you can see the common room.



If you look to the right of the desk, you will see the lift. Just around the corner from here there is an access-friendly toilet. You can also see a second entrance to the main hall. There are no hoist changing facilities.



This is the common room. This is the space where we will relax at break time and eat our lunches.



If you go through the common room and walk down the corridor on your right, you will see some toilets on your left.



The workshop will take place here in the hall. Inside you will see chairs on raised platforms and lots of instruments that you can use in the workshop.

## QUIET SPACES

Across the building we have a number of quiet spaces where your child can go if they feel overwhelmed or in need of space. A member of our staff will support them if they wish.

### 3. Who is who?

We have created a list of people that you may see when you come to our workshops. Have a look at the pictures below and make sure you say hello when you join us at the event!



This is **Emily**. She is **BCMG's Learning Coordinator**. On workshop days she will greet you at the front desk, help you to register and answer any questions you may have. She also supervises at break times and lunch. Emily is trained in Makaton. If you need help when you are not in the workshop, she is the person to come and speak to!



Meet **Nancy**. She is **BCMG's Director of Learning & Participation**. Nancy is the workshop leader for **Music Maze**. She oversees all the exciting activities in the hall and helps you create your own music with the other young people. If you have any questions, concerns or need to leave the hall for any reason you must speak to her. She will tell you what to do next.



This is **Abbie**. She is our **Learning Trainee**. On workshop days, Abbie sets up the workshop and makes sure the instruments are ready to play. When the workshop begins Abbie is actively involved and helps support the participants. You may end up working in a small group with her! Abbie is Makaton trained. If you have any questions, you can ask Abbie and she will be able to help you.



This is **David**. He is a professional composer. David is the workshop leader for **Creative Composing Lab**. He will help you compose your own music for the BCMG musicians. If you have any questions, concerns or need to leave the room for any reason, you must speak to David. He will tell you what to do next.



Meet **Kirsty**. She is a professional composer. Kirsty is the workshop leader for **BCMG Young Composers**. She will help you to compose your own music for the BCMG musicians. Speak to Kirsty if you need to leave the room for any reason or have any questions or worries. She will tell you what to do next.

Here are some of the BCMG musicians you might meet:

Tony (flute)



Elaine (cello)



Naomi (saxophone)



Melinda (oboe)



Ryan (trumpet)



Simon (percussion)



Colette (violin)



Charlotte (violin)



Bridget (viola)





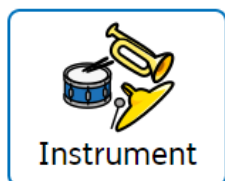
## 4. What to expect

### Music Maze – School Years 3-6 (ages 7-11)

Music Maze is led by Nancy Evans with the BCMG musicians. In Music Maze some children bring along the musical instrument they are learning, and others use BCMG's wonderful selection of percussion instruments. There are usually 15-20 children in the workshop. Each workshop day follows a similar but flexible structure:

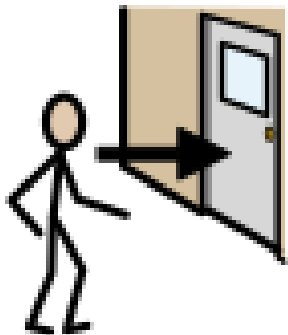
9.45am – 10.00am	Arrival, register and gather in common room
10.00am – 10.30am	Introductions and warm up games in the hall
10.30am – 11.15am	Creating music together
11.15am – 11.30am	BREAK in common room
11.30am – 12.15pm	Creating music together
12.15pm – 1.00pm	LUNCH
1.00pm – 1.45pm	Creating music together
1.45pm – 2.00pm	Final rehearsal of music created
2.00pm – 2.30pm	Concert of all music created for family & friends

### What you will need to bring:

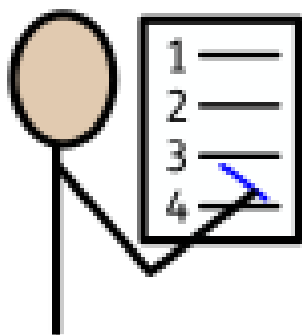


If you do not play an instrument, we have a selection of percussion instruments that you can use.

Music Maze timetable:



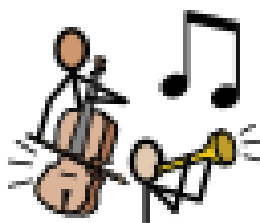
arrive



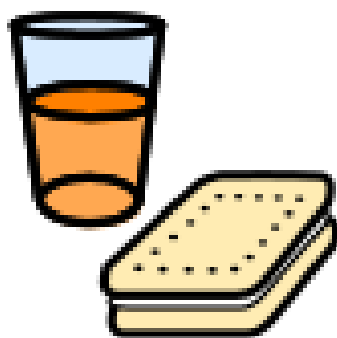
register



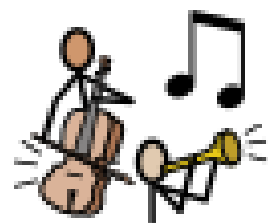
introductions



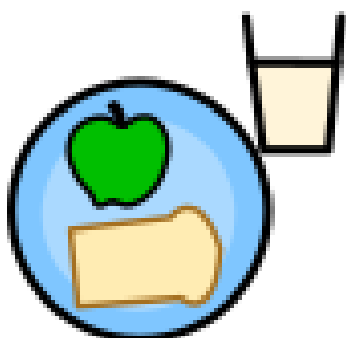
make  
music



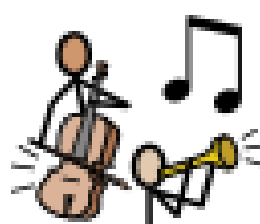
break



make  
music



lunch



make  
music



concert

## Creative Composing Lab - School Years 10-13 (age 14-18)

Creative Composing Lab is led by composer David Horne with BCMG musicians. In Creative Composing Lab the emphasis is on the young people composing for BCMG musicians. There are usually around 10-15 young people in the workshop. Each workshop day follows a similar but flexible structure:

9.45am – 10.00am	Arrival, register and gather in common room
10.00am – 10.30am	Introductions
10.30am – 11.15am	Composing session 1
11.15am – 11.30am	BREAK in common room
11.30am – 12.30pm	Composing session 2
12.30pm – 1.30pm	LUNCH
1.30pm – 3.00pm	Composing session 3
3.00pm – 3.15pm	BREAK in common room
3.15pm – 4.00pm	Composing session 4
4.00pm – 5.00pm	Final rehearsal of music created
5.00pm – 5.30pm	Concert of all music created for family & friends

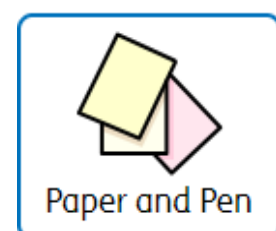
### What you will need to bring:



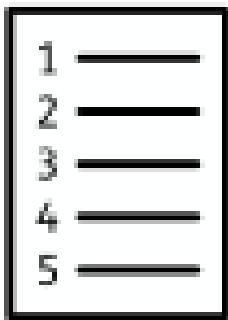
AND



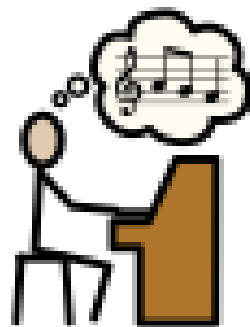
OR



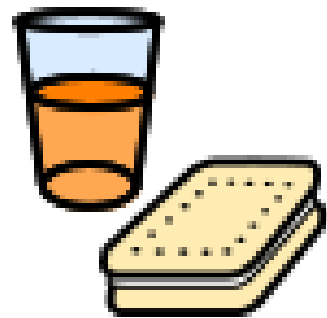
Creative Composing Lab timetable:



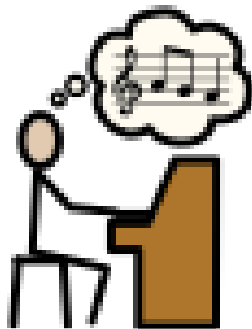
register



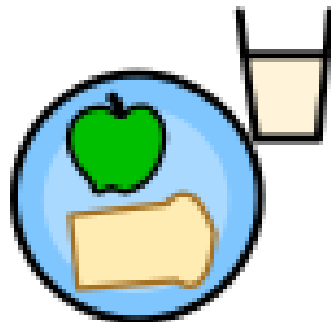
composing



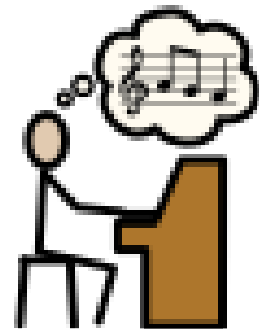
break



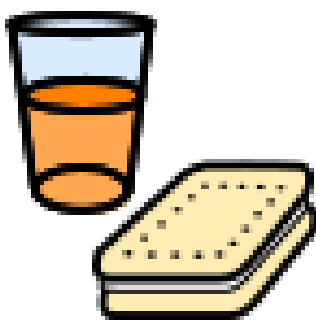
composing



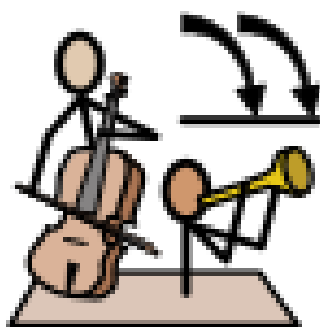
lunch



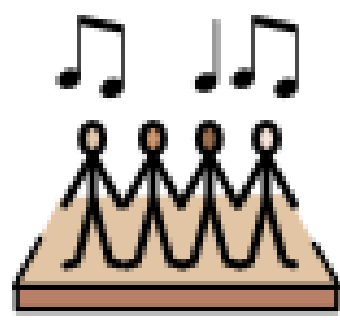
composing



break



rehearsal



concert

## BCMG Young Composers – School Years 7-9 (Ages 11-14)

BCMG Young Composers is led by composer Kirsty Devaney with BCMG musicians. In the workshops, young people can compose for professional musicians. There are 4 workshops across each term. There are usually around 10-15 young people in the workshop. Each workshop day follows a similar but flexible structure.

### **Workshops 1, 2 and 3:**

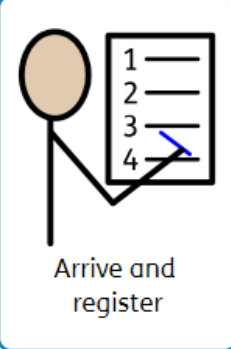
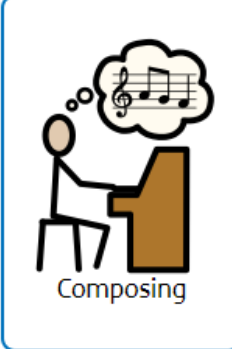
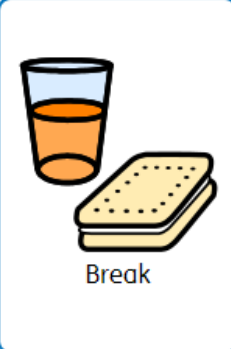
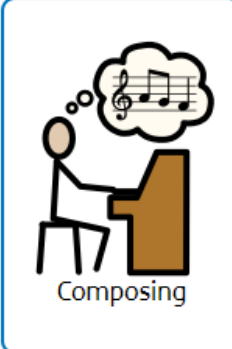
9.45am – 10.00am	Arrival, register and gather in common room
10.00am – 11.00am	Composing with BCMG musicians
11.00am – 11.30am	BREAK
11.30am – 1.00pm	Composing

### **Workshop 4:**





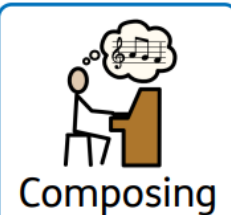
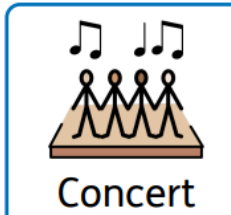
9.45am – 10.00am	Arrival, register, gather in common room
10.00am – 12:00pm	Composing with BCMG Musicians
12.00pm – 1.00pm	LUNCH
1.00pm – 3.30pm	Composing with BCMG Musicians
3.30pm – 4.00pm	Concert of all music created for family & friends

# BCMG Young Composers timetable:

## Workshops 1, 2 and 3:


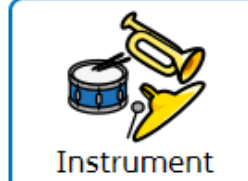
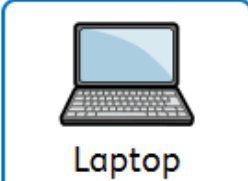
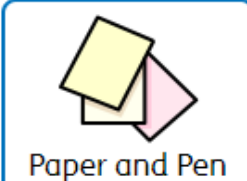
 <p>Arrive and register</p>	 <p>Composing</p>
 <p>Break</p>	 <p>Composing</p>

## Workshop 4:


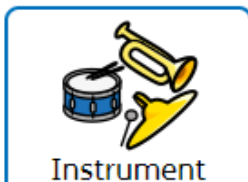

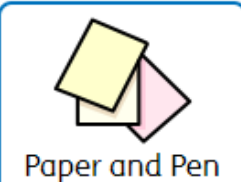
 <p>Arrive</p>	 <p>Register</p>
 <p>Composing</p>	 <p>Lunch</p>
 <p>Composing</p>	 <p>Concert</p>

## What you will need to bring:

### Workshops 1, 2 and 3:

 <p>Snack</p>	 <p>Instrument</p>	AND	 <p>Laptop</p>	OR	 <p>Paper and Pen</p>
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### Workshop 4:

 <p>Packed Lunch</p>	 <p>Instrument</p>	AND	 <p>Laptop</p>	OR	 <p>Paper and Pen</p>
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## 5. Other Music Organisations

On the occasion we don't feel we can support your needs, here are other fantastic organisations in and around Birmingham who offer inclusive music workshops.



**Mac Makes Music** offers inclusive music workshops for children and young people at the Midlands Arts Centre, including Creative Sounds, MAC's Inclusive Band and Variety Jam.

<https://macbirmingham.co.uk/mac-makes-music/about-1>



**Quench Arts** offers music workshops for 6-25-year-olds mental health inpatients, young people with disabilities and those from ethnic minorities and/or newly arrived communities.

<https://www.quench-arts.co.uk/>



**Big Top Musical Adventures** offers multi-sensory thematic music workshops for young people with additional needs. Big Top offers monthly family workshops at the MAC, delivers music workshops in SEN schools in and around Birmingham and runs the 'Big Top Band' for 11-18-year-olds.

<https://www.bigtopmusic.co.uk/>



**Melody Music Birmingham** is a weekly music-making workshop run at the Royal Birmingham Conservatoire for both children and adults with a learning disability.

<https://www.facebook.com/melodymusicmaking/>



**Soundabout** uses music to unlock the potential of people with severe and profound learning disabilities. In the West Midlands, they offer Inclusive Choirs alongside MAC Makes Music, online workshops and individual and group sessions in the family home.

<https://www.soundabout.org.uk/>